

Reach for the Stars Coaching

Child Coaching Agreement

To be read and signed by a parent or legal guardian

Child Coaching Agreement

- I understand and agree that I am fully responsible for my child's physical, mental, and emotional well-being. I acknowledge that I can choose to discontinue coaching sessions at any time.
- I understand that "coaching" is a professional relationship designed to support the development of my child's emotional understanding and self-regulation.
- I accept that coaching does not guarantee results and outcomes vary for each individual. Therefore, the service is subjective and not eligible for refunds.
- I understand that mental health and emotional coaching is a comprehensive process that may explore multiple areas of my child's life, including home/family, health, spirituality, relationships, education, and recreation.
- I acknowledge that mental health coaching does not include the diagnosis or treatment of mental health disorders. It is not a substitute for counselling, psychotherapy, or medical/psychiatric care.
- If my child is currently receiving support from a mental health professional, I confirm that I have informed them of my decision to engage in coaching.
- I understand that information shared with the coach is confidential unless legally required to disclose or if the coach believes there is a risk of harm to the child or others.
- I accept that anonymised information may be shared for supervision, training, or consultation purposes.
- I have informed Tracey (the coach) of any relevant medical conditions, allergies, history of self-harm, or past incidents such as running away.

Terms and Conditions

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- Sessions are charged at £45 per hour and must be paid via bank transfer to:
Tracey Harvey
Sort Code: 04-03-33
Account Number: 11549189
- Payment is due upon booking to secure your session time.
- Each session lasts 1 hour, except for the initial 20-minute introductory session, which is free.
- A block of 6 sessions is recommended for consistency and progress.
- Late arrivals may result in reduced session time with the full fee still applicable.

- Late collection of your child will result in additional charges: £15 for the first 15 minutes, then charged at the hourly rate.
- Cancellations require at least 72 hours' notice. Cancellations within this period will incur a £25 fee.
- Please wait outside the session room until invited in to respect others' privacy.

Booking & Communication

- To book, cancel, or reschedule, please email: tracey@reachforthestarscoaching.co.uk
- Sessions may be held in person, via video, or by phone.
- Email is the preferred communication method. I aim to respond within 48 hours.
- Working hours: **Monday to Wednesday, 11:00 AM – 9:00 PM**

Important Information

- This is not an emergency service. In case of emergency or crisis, contact:
 - **999** or NHS **111**
 - Your GP or local A&E
 - **Childline** – www.childline.org.uk – 0800 1111
 - **Samaritans** – www.samaritans.org – 116 123
- I am unable to support eating disorders, OCD, schizophrenia, personality disorders, or active suicidal ideation. I will signpost to appropriate services if needed.
- If I determine that your needs are beyond my scope of practice, I will discuss this with you and offer referrals.
- In some cases, legal or medical consent may be required—please refer to the **Parental Responsibility Policy**.

Privacy & Safety

- Sessions take place in a confidential cabin office at my private residence.
- CCTV is used on the external premises for security but **not inside the cabin** to ensure your privacy.
- If the driveway gates are locked on arrival, call **07720 681509**.
- I comply with GDPR regulations (ICO number: **ZB852881**). Please refer to the Privacy Policy for full details.

Feedback

If you are dissatisfied with any aspect of the service, please contact me directly. I am committed to providing high-quality coaching and continuously improving through supervision and training.